

## Embracing an Ascended Life

### A Series of Twelve Energy Transmissions



*Message Two: Igniting Your Attractor Field  
Through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa  
Delivered at the Lotus Temple, TOSA Ranch, November 25, 2006*

With Divine reverence, we offer to you a present, a gift, a delightful way of being, understanding, of recognizing, and of experiencing that of which you consider to be Life.

### Understanding Life Choice

What is this process of Life? What is living a Life? What is, what you would call, Ascended Life? What is the energy of Life, and why, dearest beloved ones, have you chosen this Life? Let us begin there today.

Why have you chosen this Life now? Why have you chosen this experience now, this expression now, this opportunity to feel, to be, to grow, to love?

*It is the opportunity to experience all of the Divine energies in the flow of the sacred, energetic, aligned field of magnificent source! You have offered this to yourself as a catapult, as a means of growth, as an expression of love, and as all that is.*

You see, dearest beloved ones, in this time now, as the steadiness of the energy stabilizes, many are perceiving the energy as chaotic, as disjointed, as unstable, when indeed, just the opposite is what is happening.

### Igniting your Attractor Field

The energy of your world is coagulating now, for lack of another word. It is coagulating into a great fluid field of stable resonance. In this field of stabilized resonance, as all comes into aligned harmonic convergence, as each vibration re-enters the field of Divine source flow, the stabilization process is very much the same as you would watch a rocket landing.

Going so fast, so fiery, so brilliant, so powerful, and yet as it comes to land, all of the earth underneath it gets quite thrown away, does it not? Very blown apart. All that is dust particles blows away preparing for the landing.

*You must ask yourself, what are the particulates of your energy field that are blowing away now? What is blowing away as you prepare for the coagulation and stabilization of your own energetic field now?*

Each of you carries beyond the auric field, a Divine, we use the word cocoon, field of energy. This cocoon of energy that surrounds the auric field is brightly attracted to all Light Energies. It is indeed a great magnet, or attractor. What many might call the attractor field.

As you allow yourself to offer energy to your own attractor field you must be consciously aware of all of the bodies that are stabilizing with the energy fields now. Each body that aligns into the body of the being-ness that you are is Divinely stabilizing.

### The Physical Body

Let us begin with the physical body, for it is the one that usually demands the most attention. *The physical body is in the process of stabilization.* How that stabilization is perceived for each, is based upon the unified energy that is being drawn into the physical body at this time. Does your body call you to greater alignment through pain? Or does your body call you to greater alignment through weight?

Through carrying greater abilities to navigate density in many different forms?

What is your response to this energy in terms of the physical body? How is your flesh? How are your eyes? How are all of the skeletal systems? The muscular systems?

Each of these is a Divine energetic gift that collectively create, manifest, and maintain your physical body.

*If you were to look at your physical body now as the observer, you would be able to get very clear information on the process that your body is either enduring or enjoying.*

Ask yourself, is my body enduring this time, or is my body enjoying this time? Which energy do you wish to express? Which energy do you wish to enjoy?

Because truly you are enjoying the enduring, or the enjoyment.

Dearest ones, in this great coagulation of harmonic energies that are aligning now, as you ask yourself, why did I choose this Life, you are at the time, in this moment now, beginning with your body, to reveal to yourself these answers.

Do you endure or do you enjoy? On a physical level, we just begin there. Once you are able to be there, enduring or enjoying, we then invite you into your emotional body. A powerful body indeed, is it not? Yes.

## The Emotional Body

*The emotional body right now is modeling for you all of the resistance □ that you have to joy. or not.*

Where is your emotional body? Are you able to, as the observer, appreciate all that the emotional body is modeling for you at this time? We are inviting you to see these right now, one at a time. We are not inviting separation, simply observation. There is a great difference. And so, if you are allowing yourself now, beyond your auric field, to be in the field of the attractor energy, where does your emotional body offer you the greatest wisdom?

The emotional body will offer you great wisdom because it is the bridge between the physical body and the mental body.

*Wisdom, dear ones, is not found in the mental body, as much as the mental body would like you to believe. Yes! Wisdom is found through the experience and expression of Life Energy in Form, through the Divine dance of the physical and the emotional body.*

See them dancing together as beloved partners. Let them dance together. As they dance together, they offer wisdom to the mental body.

How many times does the mental body want to cut in on that dance? Yes! It is important to pay attention. And are you letting it cut in?

There are times when the cut in is indeed a valuable gift because it offers you the opportunity once again, to go deep into the attractor energy field and pay deep attention. What is it that you are wishing? What is it that you are creating? What is it that you are remembering? And what is the gift of All-ness.

## The Mental Body

In the gift of All-ness the mental body is an imperative, Divine, beautiful energy because just like the emotional body, the mental body is the bridge between the emotional body and the spiritual body. It is also usually the greatest barrier.

*It is imperative for you, at this time of harmonic coagulation, to be able to offer yourself the reassurance that you seek. You will not find it in others.*

**What you will find in all others, is their own need for reassurance.** Until you are able to meet each other in the field of Divine Love, you cannot be seeking reassurance, because you are **stabilized Divine source.**

**You are all stabilizing the Divine source energy within you now. When you meet Divine source to Divine source, there are no needs.**

Needs are of the world of disconnected energies. You have many energy fields that you are working with. What do you wish to engage in? You may ask yourself, how can I? How can I, one who carries a body, how can I express Divine source without the need for reassurance? We ask you how you can do nothing but.

*You see dearest ones, as you are Divine source, seek not outside thee, □ that which is already thee.*

It is important for you, at the time of the energy stabilization, to once again be most wonderfully and firmly connected with the presence of the true being.

## You. The Angel of your Body

Often times it is simple and simplistic to allow the body being to be in charge. This poor being, it needs a guardian. All bodies need guardians. Bodies are most frail and fragile, are they not? They are cut so easily, they are hurt so easily, they are damaged so easily. They step on a nail and scream, they step on a rock and say ouch. They say things that they are not conscious of and it causes pain within and around. These poor frail bodies are such amazing beautiful gifts that they offer you their charge.

You are the custodian, the guardian, the Angel of your body. Are you fully connected to the Divine Angelic source of your own presence, recognizing every expression of your body. You are the Divine. What is it expressing out for you, the truth of you, or the body of you?

## Releasing Sympathy

In the gift of knowing, you cannot express things like sympathy. Let us talk about sympathy, because you would sit up straight and say how dare you say we are unable to express sympathy.

**We wish for you to understand that the truth of sympathy, is an agreement with that which is false.**

The truth of sympathy is the agreement with that which is false! This means, in the empathetic understanding of being-ness, you are able to recognize another in their agreement of falsehood, as you stand in the truth of your own Light Being-ness.

What this means is that many will come very quickly and say you must have sympathy for me. Poor me. Poor me. Everything happens to me. These are powerful declarations and are often supported very well because they are so powerful. They come from false beliefs. ***This false belief is a beautiful and generous gift, because until one is complete in false belief, they are receiving the generous gift of exactly that which their soul came to experience.***

Do you understand? (Audience says enthusiastic Yes). This is a powerful discernment. We are trying to talk slow, so that the brain may disengage and the spiritual body, as they say, may come forward ever more.

If you know a poor me, if you have ever been a poor me, then congratulations, you are experiencing life, and you have walked through an illusion.

***You see dearest beloved ones, the empathetic nature of the beloved Divine source, would not even comprehend, create, or desire to interfere with all that you desire, create, or call to you.***

What are you calling to you in your experience of each moment? Check your breath in this moment. Are you breathing, or did it get shallow, did it stop? Simply pay attention, because as you do this ever more, as you experience ever more growing, you are growing.

## Empowering your Attractor Field

Feel your energy field now. Simply allow yourself to breathe deep beyond the aura, go beyond the aura. Allow yourself to do this and if you must imagine, then imagine. Go beyond the aura. Breathe right into that energy field that attracts.



What have you been attracting?  
 What is there? Is it poverty? Is it doubt?  
 Is it separation?  
 Is it a grab bag of energies that have wishful thinking around them?

It is important for you to realize, to declare, to become powerfully declarative. You must declare your truth here and bring it in, rather than doubt and stammer and stamp your feet and say how come it is not different. That will not impact the change, it will repeat the cycle.

You begin where you are right now in the attractor field, and you get very clear. See what's sitting in there, (attractor field), that perhaps you inadvertently called in during a moment of unconscious thought and have not ever said good-bye to. How many times have you made a powerful negative declaration? I am sick. I am poor. I am unhappy. I am never finding a soul mate. I am so upset. I am this, I am that. These declarations are all there dear ones; sitting in your attractor field.

That is how powerful each of you are.

***In the time of coagulation, of the stabilization of energy, all unclaimed declarations are trying to stabilize.***

Unless you clear them out, they are trying to stabilize. I am fat. I am ugly. I am unhappy. I am depressed. They will all try to foundationalize as all energy is foundationalizing.

## Further Understanding Stabilization Energy

Is it any wonder to you that on a global basis, the attractor field is filled with so many thoughts, actions, and belief systems, that in its attempt to stabilize, all expressions of these thoughts, actions and belief systems are playing out now.

You see them all. You see the unmanifest and the manifest coming forward, coagulating together, trying to stabilize the energy field. **Understand that as you are Light, as you have been expanding through the galaxies, through the worlds, through the Universe, through more than we could even offer you; as you have been expanding from the source, you must know now, that you are now imploding back.**

You have gone as far, far, far, far, far, how beautiful a rocket you are, and the rocket is now landing. Get ready Houston . (Much laughter). Yes, for we have a go. Yes.

As you are landing, it is your energy attractor field that is stabilizing first. And the rest of the bodies are playing catch up. Where is your sympathy? Where is your alignment?

***Dearest beloved ones, if you walk in sympathetic shoes, your emotional body will tear you apart over the next several years. You will be angry, you will be guilty, you will be frustrated, you will be depressed, you will see no solution because you have made an agreement to agree with the illusion.***

And this is fine if you choose to do this, simply know it will make it easier to navigate. Does not understanding make it easier to work with whatever energy is present? Ah yes, I sympathize, I have made an agreement with the illusion, I now understand exactly why I am feeling so yucky today, I have agreed to be yucky today.

***And so you must ask yourself in that moment, do I wish for that energy to enter into my attractor field? Am I ready to allow bountiful harmony, omnipresent abundant energy to be my existence. Am I ready to accept this?***

***Because it means I accept the truth of I AM.***

As you accept the truth of I AM, there can not be any remorse or regret. If your physical and emotional body wishes to offer you the opportunity to show you how powerful it is, then you will find that your wisdom comes through the agreement of the belief in the false.



You will find that the wisdom which comes from the mental, will propagate the lack of coagulation in the emotional and the physical. The absolute gift, is that the physical and the emotional will continually give you all of the information you need. Remember as they dance lovingly together, the wisdom they create as a Divine couple supports your mental body as a Divine bridge and opening into the realm of spiritual reclamation.

## The Presence of Heart

Beloved ones, your attractor fields are luminescent, large, lofty and ever brilliant, as you are. Where to you wish to bring your heart? For each body has it's own heart, does it not?

There is the physical heart, there is the emotional heart, there is the mental heart, there is the spiritual heart ***and there is the heart of the Divine source constantly offering you all, in fluid harmonic abundance.***

***You must get very clear with yourself and ask; what do I want?***

When others engage you in a manner that seeks to instill doubt in your own knowing, this is a great gift indeed. It is a great gift, for when they come forward to you in a manner that causes you to doubt your own knowing, your own being, your own process as they say, you have in that moment the opportunity to offer them as powerful a gift, by claiming your attractor field. Silently declare to yourself in that moment, ***I AM the Divine presence of LOVE .***

Through the presence of Divine Love, they cannot interfere with your attractor field, and you offer them the great gift of opening in their own field. Through you experiencing the gifts that are offered to you, it is your own, if you like the word test, of your own Divine connection. The gifts will come, one after another, after another, after another, sometimes whole groups. Sometimes it may be on a little box called TV, sometimes it may be in a newspaper or a radio, it may be one you see or experience. It is all a great gift.

## Choosing an Ascended Life

In the time of coagulation, to live what you call an ascended life, is to call yourself back every time a gift is placed in front of you, every time. I am so poor. Negate that. If you wish to declare that you can not get out of the hole, if you wish to declare that your emotional body is absolutely not able to be harmonious, then indeed these experiences for you will be more powerful now than they have ever been. And so, you must give yourself the gift of seeing why there are there.

They are not there to torment you, they are not there to make your life hard. They are there to say are you ready? Are you ready? Because your time is your time. You are not on anyone's time table. That would be an agreement with an illusion, would it not?

***You are in the Divine unfolding of your soul energy and it is Divinely unfolding at this time, in this world now. How you choose to align with the energy of this world now, is indeed the greatest gift you give yourself and all those you interact with.***

Make no mistake, you chose this Life. You chose these experiences. We simply are offering you an opportunity to have a broader view of the Universal support that is very present for you now.

***Within the Universal support that is very present for you now, in this moment right now, do you choose to believe the illusion, or do you choose  to believe the truth of who you are?***

In the choice, your life expresses. Oftentimes you will continue to make choice after choice after choice, each one a Divine gift indeed.

## Experiencing the Manifestation of Energy

*(Sri Ram Kaa opens the window due to unusual high heat in the unheated temple.)*

Yes, the energy has raised dramatically in here. When you are in the presence of the attractor field, you will find no need for the blanket, the scarf, even the shoes. You are able to manifest beyond your imagination of the mental body.



Dearest ones, tangible, if you want the word evidence, is abundantly available to you. What if you could allow yourself to manifest the manna, as they say. It is not just one or two in your world that can do so, it is all who choose so.

Where is your choice, where is your focus? You see dearest ones, when you are able to be in the presence of your own love, all the time, the miracle that you seek is abundantly, not only present, you don't have time to even think about creating it, because it is already there. It is only the mind that spends time creating what it feels it lacks. If I only had, if I could only manifest, if I could only bring forward. What if you could accept it was all already there?

***You do not need to ask for specifics dear one, you simply need to be the whole manifest of the Divine. That is all.***

When you say I have asked, I have done all the work, I have done, I have done, and yet, I do not have, it is that last statement that negates the rest.

***It is imperative to pay attention to your own expression of truth. Everything you express is your truth. Everything. Not just what you want to think we should hear. Everything.***

Pay attention, when you say I have done this, I have done that, I have done this, I have done that, and still I do not have. Oh, look what I just said, and then go to your attractor field, and visualize a big eraser. Yes. It is that simple.

Your consciousness is that powerful and it is that simple. It just demands 100% presence. One hundred percent presence gives you the gift of being Divinely aware of everything that you are declaring, and bring it to your attractor field just beyond the aura. You will be in the Divine attraction of all that you could have ever wanted, had your mind been large enough to even comprehend it.

So let the mind rest, let it receive it's wisdom from the Divine sacred partnership of the body and the emotions. Let the body and the emotions dance together in the fluid dance of Divine love. Let your mind receive this wisdom from this Divine love, and allow yourself the gift of stretching the aura often.

As you lay in bed in the morning, feel your auric field, feel what perhaps happened during the night. Perhaps it was a big flying night for you, so perhaps you need to stabilize in the coagulation energy.

***You wish to live what you call an ascended life?***

It means soul first, it is that simple.

It means heart first, the unified heart of all the bodies.

It means stabilizing first.

It means whenever you doubt yourself, you take the big eraser to the attractor field, because your doubts go into your attractor field and your doubts attract doubt.

It means when another comes to you and says poor me, you pay attention whether or not you are in sympathy, or empathy.

It is from that energy, you expand.

***Each time you greet one who brings a challenge to you, each time you greet them with Divine recognition of the gift they are offering you, you expand ten-fold.***

Imagine how many times a day you could expand, if you are expanding ten-fold for each one. Would it be a 100 million kagillion times? What would it be? Yes.

## Calling in Divine Support Now

Divine brethren, we have only come now because you have asked us to. You already understand well beyond what we have shared in the





limited speech pattern of this world. For many of you simply being here you are heating up with the energy of Divine presence. Feel your hands, they may be warm, clammy as they say, moist, even in dry climate. Yes. We do this as one subtle way to offer you recognition of the power of your Divine attractor field.

Can you offer yourself perhaps just one day a week to begin? Simply declare;

*“In this day I am 100% focused, living from my attractor field. Rather than sending energy to it, I shall let it be the nourishment I seek. I shall let it offer me air, food, clothing, shelter, love, energy, breath. I will allow it to nourish me until I am so full with the Love of the Divine, that perhaps tomorrow I will try again!”*

What do you wish to do? Dearest beloved, beloved, beloved, beloved, beings of Divine Source of Love, your world now is Ascending. How do you wish to Ascend with it? It is up to you.

***As you recognize, stabilize, and coagulate these energies, as you see the body and the emotional body in the Divine dance of Love, as you carefully monitor the words you speak and the thoughts you bring in, your attractor field will grow so large, □ you will literally lift off ground.***

This is not a joke. How does one lift? Love. Pure love. Diving knowing without doubt.

As you begin to lift, what does doubt do? Slam you back down. You wish to lift? Then take the giant eraser to your attractor field and use it liberally. You can clean the whole thing, and just when you think you are complete, you can do it again. There are no rules.

**Ask yourself now, where do I wish to let my energy expand?**

When each gift in its many forms comes forward and challenges me to doubt that truth that I know deep within, I love you so much for offering me that gift. Stay in love and thank the gift with your heart by saying: *“Thank you gift for coming and following me. Thank you. Thank you for helping me to see how beautifully well I am aligned with the Divine Love of Light. Thank you for helping my attractor field grow even larger. Thank you for helping me erase all doubt and fear. Thank you for helping me realize that in sympathy, I am joined in a false belief system. Thank you for giving me the heart to share with others.”*

Many will come forward in a short time and invite you to be challenged in your own knowing. Thank them, they are doing a beautiful service for you. Can you see how much they love you? Offer them the same gift back by holding your own presence of Love.

***If you engage them in an argument, your attractor field creates argumentative energy. And if you do this, it is OK, if once again you remember to go in, to remember to erase and be more present next time. If you judge yourself, be sure to erase that too.***

Simply be present with all that you are attracting; and the limitless abundance of the Universe is overfull with bounty for all. We would like you to please get your share. Please come claim it. We have held it and it is most beautiful. Yet, it is even more beautiful in your hands. In your presence. We know that you deserve this bounty, we pray you will know you deserve it too.

How is your breath? How is your heat? Yes. Feel your energy field. You may feel dizzy. You may feel a little light. How beautiful. How beautiful. We simply wish for you to breathe more. And feel the tummy, is it tight, is it holding?

**You are the Divine blessing of God. You have said yes to expression, to form. You have said yes to Ascension. You have said yes to so many things that if we listed them all for you, you would get much hotter. Yes. And many times yes. Yes.**

**Remember Dearest beloved ones, be in the yes. Greet each other without need. When you can greet each other without needing from another, you offer each other upliftment. You offer Divine Love. *You do not need Love because you are Love.***

**When you greet Love to Love, your attractor field becomes even larger.**

**When those that come forward with the gift of asking you to doubt, you become ever larger through your own recognition of Divine presence. Yes.**



WISDOM TEACHER

SRI RAM KAA & KIRA RAA

ANGELIC ORACLE

**We are complete, and you are complete.**

**In the energy of coagulation; cycles, spirals, spinning, and turning are powerful integrators, consider using them.**

**Many blessings Dear ones.**

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